



LACK OF ENERGY

A lack of energy, asthenia, and chronic fatigue in men often appear alongside the progressive decline in testosterone (associated with andropause/DAEM) or due to disruptions in the hormonal axis. Low testosterone levels reduce mitochondrial efficiency, diminish muscle mass production, promote fat accumulation, and affect cerebral neurotransmission, resulting in a persistent state of tiredness and a lack of motivation.

COMMON SYMPTOMS

- Persistent fatigue, asthenia, and a sense of physical and mental exhaustion
- Loss of strength, reduced lean mass, and difficulty recovering after training
- Lack of motivation, discouragement, anxiety, and a depressed mood
- Decreased libido, erectile dysfunction, and difficulty concentrating (brain fog)

**RESTORE VITALITY,
MOTIVATION, AND DAILY
PERFORMANCE.**

