



LOSS OF MUSCLE MASS



The undue loss of lean body mass and muscle weakening (sarcopenia) in men are closely linked to a decline in testosterone production (late-onset hypogonadism). Testosterone is the primary anabolic hormone in the male body, essential for stimulating protein synthesis in muscle fibers. When levels drop, metabolism slows down, the capacity to maintain muscle diminishes, and the body begins to accumulate fat more easily.

COMMON SYMPTOMS

- Obvious decrease in muscle volume and definition (sarcopenia)
- Loss of strength, reduced physical endurance, and asthenia
- Difficulty recovering muscle after exercise
- Increase in body fat (especially abdominal) and loss of vitality.

**COMBAT SARCOPENIA AND
PROMOTE MUSCLE REBUILDING
AND TONE.**

