



REDUCTION IN MUSCLE STRENGTH

The progressive loss of muscle strength and lean mass (sarcopenia) is closely linked to age-associated androgen decline (DAEM) or testosterone deficiency. Testosterone plays a fundamental role in protein synthesis and the regulation of muscle fibers. When its levels decline, there is a reduction in muscle regenerative capacity, accompanied by an increase in fat mass and a metabolic slowdown.

COMMON SYMPTOMS

- Loss of strength, reduced physical endurance, and asthenia
- Noticeable decrease in muscle volume (sarcopenia) and flaccidity
- Difficulty and delayed recovery after training or physical exertion
- Increase in fat mass, persistent fatigue, and loss of motivation

**COMBAT SARCOPENIA AND
REGAIN POWER AND PHYSICAL
PERFORMANCE.**

