



SEXUAL DYSFUNCTION AND HORMONAL HEALTH

Sexual dysfunction—which includes reduced desire (libido), difficulties achieving arousal or orgasm, and physical discomfort—is directly linked to a decline in and imbalance of sex hormones. Reduced testosterone levels affect motivation, desire, and orgasmic response. At the same time, a drop in estrogen compromises urogenital tissues, leading to vulvovaginal atrophy, reduced lubrication, and pain.

COMMON SYMPTOMS:

- Marked decrease in sexual desire and libido
- Vaginal dryness, burning, and pain during sexual intercourse (dyspareunia)
- Difficulty achieving orgasm and reduced responsiveness to stimulation
- Genitourinary discomfort, urinary urgency, and recurrent infections

**RESTORE LIBIDO, COMFORT,
AND INTIMATE WELL-BEING.**